





March 2023



Students have fun meeting Piper (Nova Scotia Duck Toller), Sally (Leonburger) and Zeke (black Lab) during Healthy Family Night. They are volunteers with PAWS for People YMM, a local group of volunteers with therapy animals.

## Healthy Family Night

Healthy family fun night was our family night in March and it included 10 stations to get parents and students active! The goal was to move and challenge our bodies and to see how easy and fun being healthy can be! The most popular station was the Therapy puppies from PAWS for People YMM, that helped with mental wellness. There was also a popular smoothie bar prepared by Miss G!!! Our next family night is Multicultural Night which will be May 1st.



Grade 2 students recently finished some work learning about liquids and absorption.



# Pink Shirt Day

CG observed Pink Shirt Day on February 22nd. The day, celebrated annually, is meant to honor kindness and show support for everyone's unique differences, while taking a stand against bullying.

Many classes completed art or writing projects on the themes and messages, and the whole school took part in an assembly amidst a sea of pink shirt wearers.



# CG NEWS



#### Leadership Spotlight: CG Recyclers

Our CG Recyclers recently completed their waste audit, which they did by counting, sorting, and tracking what items are being thrown out at CG (eg. paper, plastics, food waste, wrappers, etc.). Next, they will study the "trends" that they see and then from there plan events and initiatives that they feel will help to address the identified issues. For example, wrappers were by far the most common item thrown out in the Division 2 hallway. The students have already started to think of ways this could be addressed (eg. waste-free lunch challenge, classroom presentations on how to reduce waste, etc.).



## Land Based Learning

A group of Grade 4 students traveled to Dave McNeilly School on March 13th to take place in Land Based Learning. The students were lucky to enjoy great weather while taking part in a variety of stations including making bannock, playing games and learning about the fur trade.

## **Upcomming Dates**

March 22: ECDP Open House 5-7pm March 23: ECDP Open House 9-12 March 23: Report Cards live on Parent Portal March 22-23: Minor Baseball visit March 24/25: WB Regional Science Fair March 24: No School for students PLF March 29: 7:30 School Council Meeting March 30: Kg Open House 5-7pm -March 31: Kg Open House 9-12 March 31: Beach Day March 31: Popcorn Day April 5: McTavish Visit - Grade 6s (PM) April 7-16 - Spring Break

## **Teachers Convention SWAG**

While students and families were enjoying a week away from school at the end of February, our teaching staff was visiting Edmonton and taking in professional development at the annual Greater Edmonton Teachers Convention. Thanks to the generous support of our Parent Fundraising Association, every teacher was given a budget to purchase supplies and resources for their classrooms. Items ranged from fidgets and board games, to books and posters and so much more! This is another great reminder that when you support Fundraising initiatives such as hot lunch and popcorn days, the funds go to directly back to the school to support our classes and students!





**CG NEWS** 



## Leader In Me Spotlight

Habit 3 is called Put First Things First. People who put first things first focus on the important things in the long and short term and act on priorities. They plan weekly and act daily in order to avoid always being in a state of last-minute or urgency. You are putting first things first when you organize your time around the most important things (the BIG rocks) and eliminate unnecessary distractions. Students are encouraged to think about their most important jobs or responsibilities, such as studying, helping with chores, making time for extracurriculars. It is important to note that Habit 3 is not all about work, though. Making time for yourself or spending time with friends and family, is also important and should be made a priority.

#### **Science** Fair

The annual CG Science fair took place on March 8th, with about 20 projects from grades 4-6 participating for advancement to the WB Regional Science Fair. There were also about half a dozen projects from grades 2 and 3 students, who are practicing getting ready for science fair in the future. We had a number of juedges from the community who helped to evaluate the projects, and we also had an "open house" so that families and other students could view the projects. We were very impressed with the variety of topics and the hard work of our students. Congratulations to the students who advanced to the regionals, and we know you will represent Christina Gordon well during your presentations at Shell Place on March 24th. Thank you to Ms. Barington and Ms. Proudfoot for your guidance with the Science Club!



#### Book Fair

CG hosted its second book fair of the year in late February. It was very successful, with sales of just over \$5,800 worth of books, posters and school tools (school tools are pens, pencils, erasers, etc.) Book fairs are important events because every purchase earns valuable rewards for the school. At the February Book Fair we earned just over \$3,000 in rewards. Items we purchase with the generated funds include: novel studies, books for the Library, classroom library books, and leveled readers. Thank you to students and families for continuing to support the book fair, as well as Mrs Hoffer and her helpers for all their hard work!

Grade 1 students recently marked the 100th day of school with fun activities and art projects.





# CG NEWS





Grade 1s enjoy a WITS reading from an RMWB bylaw officer

#### WITS Readings

WITS is a system that students use at CG to problem-solve peer conflicts. It stands for Walk away, Ignore, Talk it out, and Seek help. By using this system, students are encouraged to disengage from minor annoyances with peers by walking away or ignoring, them, rather than using words or actions that escalate conflict.

By using the talk-it-out option, students are empowered to solve minor or ageappropriate conflicts with peers by being proactive, synergizing and thinking win-win. If issues remain unsolved, students are taught to self-advocate by seeking help from a supervisor or staff member. To support our WITS program, we had a kick-off ceremony with RCMP members who explained the program and how it helps students to solve problems. This is followed up with monthly visits from officers who read books and have discussions with students about positive citizenship habits.

## 7 Sacred Teachings

The Courage teaching is symbolized by the Bear because the bear is strong, and naturally overcomes many challenges. A mother bear will face stronger and larger enemies in order to protect her cubs. She is courageous by not giving into fear. Bravely and fiercely she defends her cubs.

Fear is a natural feeling and instinct, but it is up to us to recognize it, consider what we are really afraid of, and whether the fear is helping us (by keeping away from danger, for example) or hurting us (by making us miss out on things, for example).

The Bear is also courageous because they will love and welcome everyone, but the bear will also stand up against any odds for what is most important.



#### Sign Language Club

The Sign Language Club, led by Mrs Danis, is taking a field trip to sign Oh Canada at a CUPE Convention in town. They have been practicing and have been great leaders around our school teaching each class in the mornings how to sign Oh Canada.

#### **Newsletter Leaders**

Thank you to the following students for the contributions to this month's newsletter! Emily J - Grade 6K Carrigan F - Grade 6K Ivanna A - Grade 6K Henisha P - Grade 6R