



October 2022



Our post-Terry Fox Walk whole school photo. So many happy and energetic faces!

### Terry Fox Walk

We are pleased to announce that we have hosted another successful Terry Fox Walk at CG. Not only did we meet our fundraising goal of \$2 per child, but we also exceeded it with a grand total of \$1929.45! Much thanks to our CG families for your genorosity!



### **Metis Bev**

In September we were fortunate to have Metis Bev join us for a day to teach Metis Jigging to our Phys Ed classes. Students had a lot of fun listening to the music, learning the steps, and of course, playing with the puppets.



## **Orange Shirt Day**

CG, along with the rest of FMPSD, honoured Orange Shirt Day on Sep 29th this year. A variety of activities were done around the school to explore the meaning behind the event, including stories, art, videos, and talking circles. We thank all students and staff for taking part in these acts of reconciliation.







### **Upcomming Dates**

Oct 7 - No School - Day in Lieu

Oct 10 - No School - Thanksgiving

Oct 18 - Leader In Me family night

Oct 21 - No School for students - PLF

Oct 26 & 27 - Parent Teacher Interviews

Oct 28 - No School for students - PD

Oct 29 - Inclusion Fair

Oct 30 & 31 - Fundraising Assoc. Casino

#### Leader In Me

Christina Gordon is a Leader In Me School, which helps teachers develop leadership skills in their students. Helping students discover their own unique strengths allows opportunities for every child to shine and be a leader. In future CG News issues, we will highlight the 7 Habits - stay tuned!



#### **Tornado Hunter**

Grade 5s recently had a special presentation from Canadian professional storm chaser, Chris Chittick, as part of their science unit on weather. During the 1 hour presentation, Chittick shared pictures and videos that he has taken while out chasing storms in Canada and the US, as well as valuable insights on how storms are formed and the damage they cause.

### **Healthy Schools Policy**

With a number of fun holidays on the horizon, CG would like to remind all families of our Healthy Schools policy regarding snacks and treats being brought to school.

As with all schools in our division, CG follows the FMPSD "Health Promoting School Environment" protocol.

As a part of this program, we promote daily physical activity, issue healthy challenges throughout the school year, and encourage nutritious eating through "Choose Most Often Foods."

In keeping with the Healthy Schools program, as well as recognizing that our students have a diverse range of dietary needs, restrictions, and allergies, we ask that parents refrain from sending treats containing high-fat or high-sugar for whole-class celebrations such as holidays, birthdays, etc. Items such as these will be put aside and returned home at the end of the day.

Families may, upon coordinating with the classroom teacher, send in healthy treats that are consistent with the Alberta Nutrition Guidelines for Children and Youth.







### Welcome Back BBQ

On Sep 22 we hosted another successful school BBQ. We had an excellent turnout, and our amazing staff cooked up and served over 1000 burgers!

We are looking forward to our next family night, which will be our annual Leader In Me family night on October 18th.



### **Indigenous Games**

CG recently welcomed special guest teacher Mr Shewchuck, who is the Healthy Schools Coordinator for FMPSD. He stopped by to do a day of programming with students in Phys Ed class and taught them a variety of traditional Indigenous Games.





# Leadership Spotlight: Gardening Club

Last spring, Kindergarten and Grade 3 students planted flowers, herbs, and vegetables in the raised garden beds around the front and side of the school. Now that many of these plants are mature, they need tending, and the raised beds need to be cleaned up before winter.

We have loved being able to have some of the same students who planted these seeds join our Grades 1 and 4 Gardening Club so that they can continue to learn about, care for, and help to maintain the Learning Gardens. So far students have harvested beans, peas, carrots, and taste-tested dill.

We will continue harvesting herbs and vegetables throughout October, including potatoes, as well as gathering seed pods that we can use again in the spring to plant more vegetables such as radishes. Students will also be cleaning up empty beds and planting tulip bulbs in preparation for spring.







### **Inclusion Fair**

The Christina Gordon inclusion Advisory Committee is hosting the very first ever Inclusion Fair! Come on out to the CG gym to see what services are available in RMWB and learn how to start an Inclusion Advisory Committee other schools.

This event is FREE and all are welcome!
There will even be door prizes! If you or your business would like to donate a door prize please email Cagney Edwards at averygirl21@hotmail.com
Hope to see you there!

### **New Fundraising Association**

On September 14th the School Fundraising Association held its AGM for this school year. We had an excellent turnout and are pleased to welcome the following members:

President: Barbara Ann Rex

Vice-President: Charlotte Van Driesten

Treasurer: Angela Ryan Secretary: Melanie Brown

Social Media Coordinator: Caitlin Bender Volunteer Manager: Kelly Ann Nash Hot Lunch Managers: Courtney White

and Cagney Edwards

Members at Large: Kelly Braddock, Crystal Coffin, Samantha Neil, Theresa Mason, Chantel Duris, Jessica Kenney, Moustapha Messaoud, Michelle Piccoli, Jaime Tassie, Amanda Hawkins

We still have a number of positions to fill for our Parent Council. The next meeting is Oct 19, 7-8pm. All are welcome!



# **New Playground**

We are excited that parts of our new, inclusive playground are now open. Students have had a blast trying out the new equipment and are looking forward to the final items opening soon!